

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ مَا شَاءَ اللَّهُ لِقَوْمِ الْإِبْرَاهِيمَ يٰحَيُّ يٰقَيُّمُ

اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَمَوْلَانَا وَجِبِينَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَأَصْحَابِهِ وَعَتَرَتِهِ
بَعْدَ كُلِّ مَعْلُومٍ لَكَ وَبَعْدَ دِخْلِكَ وَرِضَى نَفْسِكَ وَزِينَةِ عَرْشِكَ وَمِدَادِ كَلِمَاتِكَ أَسْتَغْفِرُكَ اللَّهُ

الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ يٰحَيُّ يٰقَيُّمُ

قَادِرِيَّةٌ مُجَادِدِيَّةٌ غَفُورِيَّةٌ صَمِيَّةٌ كَرِيمِيَّةٌ أَسْرَبِيَّةٌ بِمَكْتَبِيَّةِ

Qaadariyyah, Mujaddadiyyah, Ghafooriyyah, Raheemiyyah, Kareemiyyah, Ameeriyah, Barkatiyyah



Daar-ul-Ehsaan USA

(The Abode of Excellence in Worship)

USA Headquarters (Center No. 567)

ذِكْرُ اللَّهِ جَلَّ جَلَالُهُ

Dzikh of Allaah جَلَّ جَلَالُهُ

*Shaikh-ul-'Aalam, Hadrat Abu Anees Muhammad Barkat 'Ali
QaddasAllaahu Ta'aalaa Sirruhul 'Azeez*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ مَا لَنَا نَحْمَدُكَ اللَّهُ يَا قَلْبُ اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ
 وَالصَّلَاةُ وَالْحَمْدُ وَالْإِحْسَانُ وَالْمَعْرُوفُ بِالْغَيْرِ وَالْعَدْلُ وَالْقَدْرُ وَالْحَقُّ وَالْحَقِيقَةُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ
 الْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ وَالْحَقَائِقُ

قُلْ

عِشْقُ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

مَذْهَبِي وَحُبِّي مِلَّتِي

وَطَائِبَتُ مَنَزَلِي!

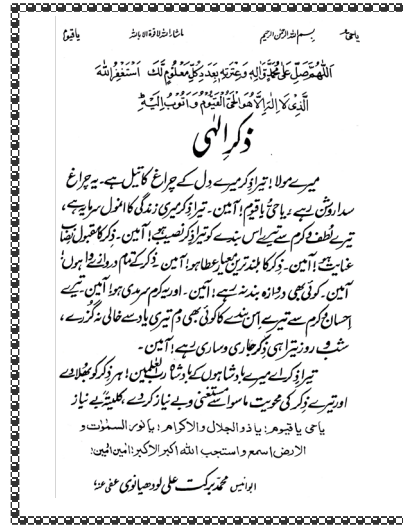
(Say) that Adoration of *Muhammad* صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ
 is my religion, his love my way,
 and his Obedience and *Ittibaa'* (following) my goal.

Shaikh-ul-'Aalam, Hadrat Abu Anees Muhammad Barkat 'Ali
 Qaddas Allaahu Ta'aalaa Sirruhul 'Azeez

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The Du'aa Before Performing The Dzikr of Allaah ﷻ



بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ مَاشَاءَ اللّٰهِ لَا هُوَ إِلَّا اللّٰهُ يَا حَيُّ يَا قَيُّوْمُ
 اللّٰهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَمَوْلَانَا وَحَبِيبِنَا مُحَمَّدٍ النَّبِيِّ الْأَمِينِ وَعَلَى آلِهِ وَأَصْحَابِهِ وَعَقْبَتِهِ
 يَوْمَ لَا يُكْفَرُ لَكَ مَعْلُومٌ لَكَ قَبْلَ خَلْقِكَ وَرَضِيَ نَفْسِكَ وَرَبَّنَا عَزْمِكَ وَمِدَادَ كَلِمَاتِكَ أَسْتَغْفِرُكَ
 الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ وَأَتُوبُ إِلَيْهِ يَا حَيُّ يَا قَيُّوْمُ

O our Master, Your *Dzikr* is the oil of the lamps of our hearts. May these lamps remain lit forever, *Yaa Hayyu Yaa Qayyoom, Aameen*. Your *Dzikr* is the priceless possession of our lives. Through Your Favor and Grace, may these slaves of Yours receive the good fortune of Your *Dzikr, Aameen*. May we be favored with an assortment of Your *Adzkaar* which will be acceptable to You, *Aameen*. May we be endowed with the highest level of Your *Dzikr, Aameen*. May all the doors of Your *Dzikr* be opened, *Aameen*. May no door remain closed, *Aameen*. And may this Grace from You be eternal, *Aameen*.

Through Your Kindness and Your Grace let no breath of these slaves be without Your remembrance; night and day only Your *Dzikr* may flow continuously, *Aameen*.

Your *Dzikr*, O the King of all the kings, *Rabb* of the Universe, may make us forget every other remembrance and the absorption of Your *Dzikr* may make us independent of and free from all and everything but You – totally independent!

Yaa Hayyu Yaa Qayyoom, Yaa Dzal Jalaali Wal Ikraam

O the Ever-Living, O the Self-Sustained; O the Majestic Possessor of all Generosity

Yaa Noor-us-Samawaati Wal Ard -- O the Light of the Heavens and the Earth

Isma' Wastajib -- Please hear and accept

Allaahu Akbar, Al Akbar -- Allaah the Greatest, the Greatest

Aameen, Aameen.

*Shaiikh-ul-'Aalam, Hadrat Abu Anees Muhammad Barkat 'Ali
Qaddas Allaahu Ta'aalaa Sirruhul 'Azeez*

Virtues of the *Dzikir* of Allaah عَزَّوَجَلَّ

The Blessed Verses of the Holy *Qur-aan*

1. "So you do My *Dzikir*, I will do your *Dzikir* and be thankful to Me and do not be ungrateful to Me." [Soorah 2, Aayah: 152]
2. "O, you who believe! Do the *Dzikir* of Allaah عَزَّوَجَلَّ and do it in abundance. And glorify His Purity mornings and evenings." [Soorah 33, Aayahs: 41-42]
3. "And the *Dzikir* of Allaah عَزَّوَجَلَّ is the greatest (boon) indeed!" [Soorah 29, Aayah: 45]
4. "Indeed, only with the *Dzikir* of Allaah عَزَّوَجَلَّ do hearts find peace." [Soorah 13, Aayah: 28]
5. "O, you who believe, let not your wealth and your children distract you from the *Dzikir* of Allaah عَزَّوَجَلَّ; and those who do so, then verily they are the losers." [Soorah 63, Aayah: 9]

The Blessed *Ahaadeeth*

1. *Hadrat 'Abdullah bin 'Amr رَضِيَ اللهُ عَنْهُ* asked, "O *Rasool* Allaah (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), what is the reward for the gatherings of *Dzikir*?" He صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ replied: "The reward for the gatherings of *Dzikir* is Paradise, Paradise." [Al-Targheeb Wal-Tahreeb: V2; p405]
2. *Hadrat Aboo Hurairah رَضِيَ اللهُ عَنْهُ* narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ* said that Allaah عَزَّوَجَلَّ says: "When My servant does My *Dzikir* and moves his lips in My remembrance – I am with him." [Al-Durrul Manshoor: V1; p152]
3. *Hadrat Moosa رَضِيَ اللهُ عَنْهُ* narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ* said: "The example of a person who does the *Dzikir* of Allaah عَزَّوَجَلَّ versus the one who does not do the *Dzikir* of Allaah عَزَّوَجَلَّ is like the one who is alive and the one who is dead." [Bukhaaree: V2; p948]
4. "There is nothing greater than *Dzikir* of Allaah عَزَّوَجَلَّ that can give freedom from the punishment of Allaah عَزَّوَجَلَّ." [Tirmidzee]
5. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ* said: "Those who do the *Dzikir* of Allaah عَزَّوَجَلَّ have surpassed all others." [Muslim]
6. The *Dzikir* of Allaah عَزَّوَجَلَّ is more virtuous than spending silver and gold in the path of Allaah عَزَّوَجَلَّ." [Tirmidzee]
7. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ* said: "Allaah عَزَّوَجَلَّ does the *Dzikir* of the people who do His *Dzikir*, among the angels." [Bukhaaree]

8. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "Doing *Dzikh* of *Allaah* ﷻ is 700 times more virtuous than spending in the path of *Allaah* ﷻ." [Masnad Imam Ahmad]
9. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "Allaah ﷻ keeps His Shadow upon the *Dzaakir* (the one who does the *Dzikh*)." [Bukhaaree]
10. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "The bad deeds of those who do the *Dzikh* of *Allaah* ﷻ are converted into good deeds." [Al Durrul Manshoor]
11. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "In *Dzikh* of *Allaah* ﷻ is healing and in conversations about people is disease." [Kunzul Eemaan]
12. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "The one who always does the *Dzikh* of *Allaah* ﷻ is covered by the *Noor* (the Divine Light) of the Throne of *Allaah* ﷻ." [Al-Targheeb Wal-Tahreeb]
13. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "The land on which the *Dzikh* of *Allaah* *Subhaanahu Ta'aalaa* is done feels prouder than other lands." [Zawaid Collection]

Virtues of Gatherings of *Dzikir of Allaah* عَزَّ وَجَلَّ

In the Light of *Ahaadeeth*

1. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: “One gathering of *Dzikir of Allaah* عَزَّ وَجَلَّ is an atonement for two million bad gatherings.” Bad gatherings are those when *Muslims* get together and then depart without having remembered *Allaah* عَزَّ وَجَلَّ or His Beloved Prophet ﷺ or reminded each other about our duties towards them. [Al Hadeeth]
2. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: *Allaah* عَزَّ وَجَلَّ says, “I deal with My servant as he expects Me to deal with him. When he remembers Me, I am with him. Thus, if he remembers Me quietly in his heart, I also remember him in My heart; when he does My *Dzikir* in a gathering, I also do his *Dzikir* in a better gathering – the gathering of angels.” [Bukhaaree: V2; p1101]
3. *Hadrat Aboo Sa’eed Khudri* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: “Do the *Dzikir of Allaah* عَزَّ وَجَلَّ in such abundance that the *Munafiqeen* (Hypocrites) start calling you *Majnoon* (mad person).” [Masnad Ahmad: V1; p71]
4. *Hadrat Aboo Dardaa* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: “On the Day of Judgement, *Allaah* عَزَّ وَجَلَّ will make the resurrection of people from some nations in such a way that their faces will shine with Divine Light. They will be sitting on pulpits made of pearls and other people would be envious of them. However, they will not be the Prophets or *Shuhadaa* (Martyrs).” A peasant knelt down upon his knees and asked: “O *RasoolAllaah* (ﷺ), please describe them to us so that we could recognize them.” *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ replied: “They are those who will come from different places, different families, and gather in one place and will be busy with the *Dzikir of Allaah* عَزَّ وَجَلَّ, out of pure love for *Allaah* عَزَّ وَجَلَّ.” [Zawaid Collection: V10; p177]
5. *Hadrat Anas* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: “*Allaah* عَزَّ وَجَلَّ has a group of angels who always roam around looking for the gatherings of *Dzikir*. When they (angels) find them, they cover them up under their wings. *Allaah* عَزَّ وَجَلَّ covers them (people who are doing *Dzikir*) with His Mercy. **The people of the gatherings (of *Dzikir*) are such that anyone who sits with them will never be among the unfortunate.**” [Zawaid Collection: V2; p392]
6. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: “The nation which gathers and does the *Dzikir of Allaah* عَزَّ وَجَلَّ to obtain His pleasure, an **angel calls them from the Heaven and announces that they have been forgiven and their bad deeds have been converted to good deeds.**” [Al-Targheeb Wal-Tahreeb]

7. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "O my Companions (RidwaanAllaahu Ta'aalaa 'Alaihim 'Ajmaeen), when you come across the gardens of Paradise, graze well!" The Companions (RidwaanAllaahu Ta'aalaa 'Alaihim 'Ajmaeen) asked: "O RasoolAllaah (ﷺ), **what are the gardens of Paradise?"** He ﷺ replied: "**The gatherings of Dzikr.**" [Al Jamai Sagheer]
8. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said: "On the Day of Judgement, Allaah عزوجل will say: 'Today the people of the Day of Judgement will soon know who are the recipients of His bounteous Grace among them.'" *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ was asked as to who the people were who would receive His Grace. He ﷺ said: "**The people who established gatherings of Dzikr in Masaajid.**" [Masnad Imam Ahmad Hanbal: V3; p78]

Important Note: Please remember that those fortunate ones described in the above *Ahaadeeth* do not sit in corners and do *Dzikr* silently. In gatherings of *Dzikr*, *Dzikr* is always done loudly. Please also note that the angels of Allaah عزوجل have no way of knowing what we do quietly in our hearts. They will know that *Dzikr* is being done ONLY when it is being performed loudly.

Words of Wisdom

- * *Dzikr* of Allaah عزوجل is *Jihaad-ul-Akbar* (The Greatest Struggle).
- * In *Jihaad-ul-Akbar*, neither fear is *haraam* nor is dying *haraam* but running away from it is *haraam*.

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Virtues of Reciting *Salaat-un-Nabee* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ (Durood Shareef)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا

**InnAllaaha wa Malaaikatahoo Yusalloona 'Alan Nabee.
Yaa Ayyuhalladzeena Aamanoo Salloo 'Alaihi wa Sallimoo Tasleemaa.**

Indeed Allaah عزَّ وجلَّ and His angels send blessings upon the (holy) Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ. O you who believe, you should send *Durood* (Blessings) and peace in abundance upon him صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ.

1. *Hadrat Abdullah bin Ma'sood* رَضِيَ اللهُ عَنْهُ narrated that the *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "On the Day of Judgement, the person closest to me will be the one who sends the most *Durood* upon me." [Tirmidzee رَضِيَ اللهُ عَنْهُ]
2. *Hadrat 'Umar bin Khattaab* رَضِيَ اللهُ عَنْهُ said, "Until you send *Durood* upon the *RasoolAllaah* (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), your *Du'aas* will hang between the heaven and the earth." [Tirmidzee رَضِيَ اللهُ عَنْهُ]
3. *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Once *Hadrat Jibreel* عَزَّوَجَلَّ, *Mikaeel* عَزَّوَجَلَّ, *Israfeel* عَزَّوَجَلَّ, and *'Izrael* عَزَّوَجَلَّ came to me. *Hadrat Jibreel* عَزَّوَجَلَّ said, 'O *RasoolAllaah* (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), whoever sends *Durood* upon you 10 times, I will hold his hand and help him cross the bridge of *Siraat* with the speed of light.' *Hadrat Mikaeel* عَزَّوَجَلَّ said, 'I will serve him water from the pond of *Kauthar*.' *Hadrat Israfeel* عَزَّوَجَلَّ said, 'I will prostrate and not lift my head until *Allaah* عزَّ وجلَّ has granted him forgiveness.' *Hadrat 'Izrael* عَزَّوَجَلَّ said, 'I will extract his *Ruh* (soul) in the same manner as that of the Prophets.'" [Durrantun Naasiheen: V2; p114]
4. *Hadrat Ishaq bin Mansoor* رَضِيَ اللهُ عَنْهُ, *Hadrat Muhammad bin Yousuf* رَضِيَ اللهُ عَنْهُ, *Hadrat Yoonus bin Abee Ishaq* رَضِيَ اللهُ عَنْهُ, *Hadrat Buraid bin 'Abee Mariam* رَضِيَ اللهُ عَنْهُ, and *Hadrat Anas Malik* رَضِيَ اللهُ عَنْهُ have narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Whoever recites *Durood* upon me once, *Allaah* عزَّ وجلَّ will bestow 10 mercies upon him/her, will forgive their 10 sins and will increase their rank 10 levels higher." [Sunan Annisaae vol 1, page 13]
5. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "The one who recites *Durood* upon me at my (holy) *Mazaar* (grave), I hear it, and the one who sends *Durood* upon me from a long distance, it is conveyed to me." [Al Baihaqee Collection]
6. *Hadrat Aboo Bakr Siddeeq* رَضِيَ اللهُ عَنْهُ has narrated that sending *Durood* upon *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ destroys sins as water destroys fire. And to send *Salaam* (peace) upon *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ is

better than releasing slaves and to love *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ is greater than releasing lives or he ﷺ said it is greater than striking with a sword. [Narrations *Al Khateeb and Al Asbahaanee in "Targheel"*]

7. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ has said that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said, "There is no person who sends *Salaam* (peace) upon me and that *Allaah* عزَّ وجلَّ does not return my soul to me till I respond to his *Salaam*." [Sunan Abee Daood 1st vol, page 279 Masnad Imaam Ahmed Hanbal part 2 page 528]
8. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said, "That person's nose may become dirty with dust in whose presence my name is mentioned and he does not send *Durood* upon me and that person's nose may become dirty with dust in whose life the holy month of *Ramadaan* arrives and ends before he receives his salvation and that person's nose may become dirty with dust whose parents reach old age and they did not enter him into Paradise." *Hadrat 'Abdur Rahmaan* رَضِيَ اللهُ عَنْهُ had said, "I think it was said one of them has reached old age." Some scholars have narrated that if any person recites *Durood* once in a gathering, it is enough for him as long as he is within that gathering. [Jami'a At Tirmidzee vol. 2 page 193]
9. *Hadrat 'Abdullah*, his father, *Aboo Salmah Mansoor bin Salmah Khazaa'ee, Laith, Yazeed bin Haad, 'Amr bin Abee 'Amr, Aboo Hwairith, Muhammad bin Jabeer bin Mut'am, Hadrat 'Abdur Rahmaan bin 'Auf (RadiAllaahu 'Anhum)* have narrated: The *RasoolAllaah* (ﷺ) started to go out and I went after him till he ﷺ performed a prolonged *Sajdah* and I was frightened that *Allaah* عزَّ وجلَّ may have taken his ﷺ soul. I was watching when he ﷺ suddenly lifted his holy head from the *Sajdah* and said, "*Abdur Rahmaan* رَضِيَ اللهُ عَنْهُ what is the matter with you?" I explained to him ﷺ. He ﷺ said, "*Jibreel* عَلِيٌّ came and told me, 'Should I not give you the good news that *Allaah* عزَّ وجلَّ tells you ﷺ that anyone who recites *Salaatun Nabee* upon you ﷺ, I recite *Salaat* upon him and anyone who recites *Salaam* upon you ﷺ, I send *Salaam* upon him.'" [Masnad Imaam Ahmad Hanbal Vol 1.]
10. *Hadrat Hanaad, Qabyasa, Safyaan, 'Abdullaah bin Muhammad bin 'Aqeel, Tufail bin Abee Ka'b* رَضِيَ اللهُ عَنْهُ narrate through *Hadrat Ubayy bin Ka'b* رَضِيَ اللهُ عَنْهُ that it was the holy practice of *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ, after 2/3 of the night had passed, he ﷺ used to stand up for *Salaatul Lail* and used to say, "Perform the *Dzikr* of *Allaah* عزَّ وجلَّ, remember *Allaah* عزَّ وجلَّ (because) the moment of trembling has arrived and after this will be the 2nd hair raising moment. Death with all its paraphernalia has arrived (along with it the harshness of the grave and the horrors of the Day of Judgement will begin)." The narrator *Hadrat Tufail* رَضِيَ اللهُ عَنْهُ says that my father *Hadrat Ubayy bin Ka'b* رَضِيَ اللهُ عَنْهُ asked, "O *RasoolAllaah* (ﷺ), I recite *Durood Shareef* upon you in abundance. Please tell me, in order to recite the *Durood Shareef* ﷺ, how much time should I allocate (out of my other actions and daily practices)?" *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ responded, "As much as you want." I asked "1/4?" He ﷺ replied, "As much as you want, if you increase it, it will be better you." I asked, "Should I allocate half?" He ﷺ replied, "As much as you want, if you increase it, it will be better you." I asked, "Should I allocate 2/3?" He ﷺ replied, "As much as you want, if you increase it, it will be better you." I asked,

“Should I allocate all my time for your *Durood Shareef*?” He ﷺ said, “If you do that, all your objectives of the *Deen* and *dunyaa* will be fulfilled and your sins will be removed.” [This is *Hasan Hadeeth* from *Jame’ Tirmidzee*, Vol 2. Page 68.]

11. *Hadrat ‘Abdullaah bin Mas’ood* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said, “When anyone of you finishes his *wudoo*, he should recite ‘*Ashhaddu Al Laa Ilaaha IllAllaahu wa Ashhaddu Anna Muhammadan ‘Abduhoo wa Rasooluh*’ ﷺ, and then recite *Durood* upon me. When he recites the *Kalimaat* (words), the doors of mercy will be opened for him.” [Al Qual ul Badee’ page 128.]
12. It has been narrated by *Hadrat ‘Abdullaah Ibn Abi Talhaa* رَضِيَ اللهُ عَنْهُ from his father رَضِيَ اللهُ عَنْهُ that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ once came with good news seen clearly in his facial expressions. The *Sahaabah* (*RidwaanAllaahu Ta'aalaa 'Alaihim 'Ajmaeen*) said to him ﷺ, we see such a pleasant expression in your face of glad tidings that we have not seen before! He said, yes indeed, an angel came to me and said, “O Muhammad (ﷺ), your *Rabb* عز وجل is saying, ‘Will it please you if anyone of your *Ummah* who sends *Salaah* upon you that I would send him ten *Salawaat* from Me, and if anyone sends you *Salaam* (peace) once, I would send him ten times *Salaam* from Me?’” [Hadeeth Saheeh, Ahmad, Niza’ee and Ibn Hayyaan RadiAllaahu 'Anhum]
13. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said, “Anyone who does *Salaah* upon me once, *Allaah* عز وجل will send *Salaah* upon him ten times.” [Hadeeth Saheeh: Muslim]
14. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said, “Anyone who sends *Salaah* upon me once, *Allaah* عز وجل will write for him ten good deeds.” [Hadeeth Saheeh: Ahmad & Muslim]
15. It has been narrated by *Hadrat Aus bin Aus* رَضِيَ اللهُ عَنْهُ that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said, “One of your best days is Friday. It is the day when *Hadrat Adam* عَلَيْهِ السَّلَام was created and it was the day when his soul was taken, it is also the day when the trumpet will be blown and the day when every living thing dies thereafter, so send your *Salaah* upon me in abundance as it will be conveyed to me.” The *Sahaabah* (*RidwaanAllaahu Ta'aalaa 'Alaihim 'Ajmaeen*) said, “O *RasoolAllaah* (ﷺ), how could this possibly happen when your body decomposes after death?” He ﷺ said, “*Allaah* عز وجل made it *Haraam* (forbidden) for the earth to eat up the bodies of the Prophets.” [Hadeeth Saheeh by Al-Haakem رَضِيَ اللهُ عَنْهُ]
16. *Hadrat Abdur Rahman bin ‘Auf* رَضِيَ اللهُ عَنْهُ narrated that there used to be four or five companions (with whom *Allaah* عز وجل is pleased) that would never leave *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ day or night, and they would dedicate their time to run his errands for him ﷺ. One time, I went to see him ﷺ and I found him leaving alone so I followed him ﷺ and saw him going to a secluded place, and then he ﷺ fell into *Sajdah* (prostration). He ﷺ stayed in *Sajdah* for so long that I feared that *Allaah* عز وجل took his soul. As sadness overtook my heart, I started weeping. Then *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ lifted his head and saw me, then

he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ called me to him صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ and asked me, "What is wrong with you?" I told him صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ that I saw him in *Sajdah* for so long that I thought that *Allaah* عَزَّ وَجَلَّ took his soul so I became sad and started weeping. He صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "This was a *Sajdah* of *Shukr* (gratitude) for what *Allaah* عَزَّ وَجَلَّ granted me for my *Ummah* that anyone who sends *Salaah* upon me, *Allaah* عَزَّ وَجَلَّ will write ten good deeds for him or her." [Hadeeth Saheeh: Nisa'ee & Ibn Habaan RadiAllaahu 'Anhum]

17. Hadrat 'Ali bin Hussain رَضِيَ اللهُ عَنْهُ said that my father رَضِيَ اللهُ عَنْهُ told me that he heard from *Jadeed* رَضِيَ اللهُ عَنْهُ that Hadrat *Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Do not make my grave an 'Eid (place of celebration) nor make your houses graves, and do *Salaah* upon me and send me *Salaam* (peace) wherever you are because your *Salaah* and *Salaam* will always reach me." [Hadeeth Saheeh by Aboo Dawood رَضِيَ اللهُ عَنْهُ]
18. It has been narrated by Hadrat 'Abdullah bin Mas'ood رَضِيَ اللهُ عَنْهُ that Hadrat *Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Allaah عَزَّ وَجَلَّ has angels roaming the earth whose only job is to convey the *Salaam* (peace) that my *Ummah* send for me." [Hadeeth Saheeh by Ahmad, Nisa'ee and Ibn Hayyaan RadiAllaahu 'Anhum]
19. Hadrat *Ayoob* رَضِيَ اللهُ عَنْهُ said, "I was informed, and *Allaah* عَزَّ وَجَلَّ knows best, that there is an angel that is assigned to every person who sends *Salaah* upon *RasoolAllaah* (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ) to convey it to him صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ." [Hadeeth Saheeh Mursal by Al-Bazzar (Rahmatullaah 'Alaih)]
20. It has been narrated by Hadrat *Abi Dzar Al-Ghaffaaree* رَضِيَ اللهُ عَنْهُ that Hadrat *Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "The stingiest of all people is the one who hears my name mentioned and does not send *Salaah* upon me." [Hadeeth Saheeh by Ahmad and Tirmidzee Rahmatullaah' Alaih]
21. Hadrat *Ja'far bin Muhammad* رَضِيَ اللهُ عَنْهُ narrated from his father رَضِيَ اللهُ عَنْهُ that Hadrat *Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said that, "Anyone who hears my name and does not send *Salaah* upon me has missed the path to *Jannah*." [Hadeeth Saheeh by Ahmad and Ibn Hayyaan RadiAllaahu 'Anhum]
22. Hadrat 'Abdullaah bin 'Amr رَضِيَ اللهُ عَنْهُ said that Hadrat *Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Anyone who sends *Salaah* upon me صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ or asks *Allaah* عَزَّ وَجَلَّ for the *Waseelah* (the highest level in closeness to *Allaah* عَزَّ وَجَلَّ) for me, then my intercession for him becomes his right on the Day of Judgement." [Hadeeth Saheeh: Muslim]
23. Hadrat *Aboo Hurairah* رَضِيَ اللهُ عَنْهُ said that Hadrat *Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Any group of people who sit together and do not do the *Dzikh* of *Allaah* عَزَّ وَجَلَّ or send *Salaah* upon their Prophet (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), their gathering will be a source of affliction for them, and *Allaah* عَزَّ وَجَلَّ, on the Day of Judgement, may pardon them or may punish them." [Hadeeth Saheeh: Tirmidzee and Tabaraanee Rahmatullaah 'Alaih]
24. Hadrat *Aboo Sa'eed* رَضِيَ اللهُ عَنْهُ said, "Any group of people who have a gathering and disperse without sending *Salaah* upon the *RasoolAllaah* (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), their gathering will be a source of grief for them on the Day of Judgement even if they enter *Jannah* for their good deeds." [Hadeeth

Saheeh: Tirmidzee & Tabaraanee Rahmatullaah 'Alaih]

25. *Hadrat Fudaala bin 'Ubaid* رَضِيَ اللهُ عَنْهُ heard a companion of *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ saying that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ heard a man making *Du'aa* without praising *Allaah* عَزَّ وَجَلَّ or sending *Salaah* upon *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, so he said, "This person is in a state of haste." Then he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ called him and said to him or to someone else, "If anyone of you were to pray (does *Du'aa*), you should always start with praising *Allaah* عَزَّ وَجَلَّ and add more praise, then send *Salaah* upon the Prophet (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), then you can ask for whatever you want afterwards." [Hadeeth Saheeh: Aboo Dawood رَضِيَ اللهُ عَنْهُ]
26. *Hadrat Qutadah bin 'Abdullah bin Al-Haarith* رَضِيَ اللهُ عَنْهُ said that *Aboo Haleemah Muaadz* رَضِيَ اللهُ عَنْهُ used to send *Salaah* upon *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ in every *Qunoot* (the *Du'aa* in *Witr* and *Fajr Salaah*). [Hadeeth Saheeh: Ibn Nasr رَضِيَ اللهُ عَنْهُ]
27. *Hadrat Aboo Ad-Dardaa* رَضِيَ اللهُ عَنْهُ narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Anyone who sends *Salaah* upon me ten times in the morning and ten times in the evening, my intercession will reach him on the Day of Judgement." [Tabaraanee رَضِيَ اللهُ عَنْهُ]
28. *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Send *Salaah* upon me as it is a purifier for you, and ask *Allaah* عَزَّ وَجَلَّ to grant me 'Waseelah' as it is the highest level in *Jannah* that one man can attain and I am hoping to be the one." [Ahmad and Bazaar through Mujahid رَضِيَ اللهُ عَنْهُ]
29. *Hadrat 'Abdullah bin Mas'ood* رَضِيَ اللهُ عَنْهُ said that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "The one who is closest to me on the Day of Judgement is the one who sends the most *Salaah* upon me." [Tirmidzee رَضِيَ اللهُ عَنْهُ]
30. *Hadrat Anas bin Malik* رَضِيَ اللهُ عَنْهُ narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Send *Salaah* upon me in abundance on the day of Friday and on the night of Friday. Whoever does this, I will become witness or an interceder on his behalf on the Day of Judgement." [Bayhaqee رَضِيَ اللهُ عَنْهُ]
31. *Hadrat 'Abdur-Rahman bin Samrah* رَضِيَ اللهُ عَنْهُ said that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "I saw a man of my *Ummah* shaking on the bridge of *Siraat* like a sprout of the palm tree in the wind, then his *Salaah* upon me صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ came to him and stopped his shaking." [Tabaraanee رَضِيَ اللهُ عَنْهُ]
32. *Hadrat Anas bin Malik* رَضِيَ اللهُ عَنْهُ said that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "Whoever sends *Salaah* upon me صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ in abundance will be in the shade of the 'Arsh (the Throne of *Allaah* عَزَّ وَجَلَّ)." [Daylamee رَضِيَ اللهُ عَنْهُ]
33. *Hadrat 'Aamir bin Rabiah* رَضِيَ اللهُ عَنْهُ narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "When a *Muslim* sends *Salaah* upon me صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, the angels send the same *Salaah* upon him, so a slave of *Allaah* عَزَّ وَجَلَّ may do this as little or as much as he

wants." [Ibn Majaah رَضِيَ اللَّهُ عَنْهُ]

34. It has been narrated by Hadrat 'Umair Al-Ansaari رَضِيَ اللَّهُ عَنْهُ and Abi Burdah رَضِيَ اللَّهُ عَنْهُ that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Anyone of my Ummah who sends one Salaah upon me sincerely from his heart, Allaah عزَّ وَجَلَّ will send ten Salawaat back to him in return and will write ten good deeds for him and erase ten bad deeds." [Nisaai رَضِيَ اللَّهُ عَنْهُ]
35. Hadrat Aboo Hurairah رَضِيَ اللَّهُ عَنْهُ narrated that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "When anyone sends Salaam to me (peace), Allaah عزَّ وَجَلَّ will return my soul back to me to return his Salaam." [Tabaraanee رَضِيَ اللَّهُ عَنْهُ]
36. Hadrat 'Ammar bin Yaasir رَضِيَ اللَّهُ عَنْهُ narrated that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Allaah عزَّ وَجَلَّ has an angel to whom He gave the knowledge of the names of all creatures. He will be standing at my grave when I die so that when anyone sends a Salaah upon me, he would say 'O Muhammad صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ, so and so son of such person sent Salaat upon you.'" He صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "The Rabb عزَّ وَجَلَّ sends His Salaah upon this person ten times more." [Tabaraanee رَضِيَ اللَّهُ عَنْهُ]
37. Hadrat Hasan bin 'Ali رَضِيَ اللَّهُ عَنْهُ narrated that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Wherever you are, send Salaah upon me because your Salaah will reach me." [Tabaraanee رَضِيَ اللَّهُ عَنْهُ]
38. Hadrat Sa'eed bin Al-Musayib رَضِيَ اللَّهُ عَنْهُ narrated from 'Abdur Rahmaan bin Samrah رَضِيَ اللَّهُ عَنْهُ that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "I saw a man of my Ummah crawling on the bridge of Siraat sometimes on his knees and other times on his stomach while slipping occasionally. Then his Salaah upon me came to him, helped him, stood him up on his feet and saved him." [Aboo Musa Al-Madeeneey رَضِيَ اللَّهُ عَنْهُ Hadeeth Hasan]
39. Hadrat Attufail bin Ubayy bin K'ab رَضِيَ اللَّهُ عَنْهُ narrated from his father رَضِيَ اللَّهُ عَنْهُ that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ would get out of his home after two-thirds of the night passed and would say, "Do the Dzikr of Allaah عزَّ وَجَلَّ, the first commotion is coming followed by the second one (in reference to the violent tremors of the Day of Judgement that are mentioned in Soorah An-Nazi'aat), death is coming with everything that comes with it." Then Hadrat Ubayy رَضِيَ اللَّهُ عَنْهُ said, "O RasoolAllaah (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ), I am saying Salawaat at night, should I dedicate one-third of my Salawaat for you? (Meaning to send Salaah and Salaam upon you صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ)." Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ responded, "Half is more." Hadrat Ubayy رَضِيَ اللَّهُ عَنْهُ said, "Should I dedicate half for you?" He صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ replied that, "Two-thirds are more." Hadrat Ubayy رَضِيَ اللَّهُ عَنْهُ then said, "Should I dedicate all my night Salawaat for you then?" Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Then all your sins will be forgiven." And in another narration: Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Half is good, but if you do more, it is better for you." And at the end, he صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Then you will never have to worry about any distress in this life nor in the next." [Hadeeth Saheeh by Ahmad & others RadiAllaahu 'Anhum]
40. Hadrat K'ab bin 'Ajrah رَضِيَ اللَّهُ عَنْهُ said that Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, "Come to the Mimbar (pulpit)" so we gathered at the Mimbar, then he صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ climbed the first step and said "Aameen", then he صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ climbed the second

step and said "Aameen", then he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ climbed the third step and said "Aameen". After he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ was done, he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ came down from the *Mimbar* and we asked him صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, "O RasoolAllaah (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), today we heard something from you that we never heard before?" He said, "Jibreel عَزَّوَجَلَّ came to me and said, 'A grave misfortune and affliction befalls him who lives till the end of the month of *Ramadaan* and does not attain his forgiveness' so I said 'Aameen'. Then when I climbed the second step, he said, 'A grave misfortune and affliction befalls upon him in whose presence your name is mentioned and he does not send *Salaatun Nabee* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ (*Durood*) upon you' and I said 'Aameen'. Then when I climbed the third step, he said, 'A great misfortune and affliction befalls upon the one whose parents reach old age (either one or both of them) and they do not enter him into *Jannah*' and I said 'Aameen'." [Hadeeth Saheeh by Al-Haakem رَوَاهُ الْإِسْلَامِيُّ]

And in another narration, he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said, "May his nose become dirty with earth (instead of grave misfortune and affliction)."

The Real Activity of the Heart is the *Dzikh* of Allaah عَزَّوَجَلَّ

There are six types of *Dzikh*.

- 1) Performance of *Salaat* is the *Dzikh* of Allaah عَزَّوَجَلَّ.
- 2) Recitation of Holy *Qur-aan* is the *Dzikh* of Allaah عَزَّوَجَلَّ.
- 3) Reciting the *Tasbeeh* (*SubhaanAllaah*), *Tahmeed* (*Alhamdulillah*), *Tahleel* (*Laa Ilaaha IllAllaahu*), and *Takbeer* (*Allaahu Akbar*) is the *Dzikh* of Allaah عَزَّوَجَلَّ.
- 4) Sending peace and blessings (*Durood*) upon *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ is *Dzikh* of Allaah عَزَّوَجَلَّ.
- 5) To make *Du'aas* that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ did is the *Dzikh* of Allaah عَزَّوَجَلَّ.
- 6) To live according to the commands and prohibitions of Allaah عَزَّوَجَلَّ is the *Dzikh* of Allaah عَزَّوَجَلَّ.

Virtues of Reciting the Holy *Qur-aan*

- ◆ *Hadrat Mugheera bin Jadli* رَضِيَ اللهُ عَنْهُ has said that *Hadrat Ibn 'Umar* رَضِيَ اللهُ عَنْهُ said, "A person who recites at night ten verses of the Holy *Qur-aan* will not be written (included) among the neglectful; and a person who recites 100 verses of the Holy *Qur-aan* will be written among the pious worshippers; and a person who recites 200 verses will be among those whose wishes are fulfilled." [*Darmee Shareef*: p490]

Virtues of Reciting *Soorah Al-Faatihah*

- ◆ *Soorah Al-Faatihah* cures the effects of poison.
- ◆ According to His firm judgement, Allaah عَزَّوَجَلَّ will be about to inflict punishment on a group of people when a child will recite *Soorah Al-Faatihah* from the Holy *Qur-aan*. On listening to the blessed *Soorah*, He will postpone the punishment of these people for forty years. [*An Hazeefah bin Yaman: Tarteeb Shareef*]

Virtues of Beautiful Specific Adzkaar (Plural of Dzikr)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

Bismillaahir Rahmaanir Raheem

In the Name of Allaah عَزَّ وَجَلَّ, the Most Gracious, the Most Merciful.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: "A Du'aa which starts with بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ is not rejected."
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: "Any activity which does not start with the recitation of بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ remains incomplete and is without the Blessings of Allaah عَزَّ وَجَلَّ."
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: "A person who recites بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ, Allaah عَزَّ وَجَلَّ grants for every letter rewards equal to 4,000 good deeds, forgives 4,000 sins, and elevates his status 4,000 times higher."
- ◆ *Hadrat Ibn 'Abbaas* رَضِيَ اللهُ عَنْهُمَا has said: "Anyone who gives up reciting بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ is as if he has given up 114 verses from the Holy Qur-aan." [Tafsiral Kishaaf: Juz Awwal]
- ◆ *Hadrat 'Ali KarramAllaahu Wajh* has said that whoever recites بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ will be forgiven. [Jaami]

سُبْحَانَ اللّٰهِ

SubhaanAllaah

Infinite Purity belongs to Allaah only.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who recites سُبْحَانَ اللّٰهِ 100 times each in the morning and evening will be granted rewards equal to performing Hajj 100 times." [Tirmidzee Shareef; Mishkaat Shareef]

الْحَمْدُ لِلّٰهِ

Alhamdulillah

All Praise belongs to Allaah only.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who recites الْحَمْدُ لِلّٰهِ 100 times each in the morning and evening gets blessings equal to a person who mounts 100 mujaahideen (Muslim warriors in the path of Allaah عَزَّ وَجَلَّ) on their horses." [Tirmidzee, Mishkaat]

لَا إِلَهَ إِلَّا اللَّهُ

Laa Ilaaha IllAllaah

There is no god but Allaah.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who recites لَا إِلَهَ إِلَّا اللَّهُ 100 times each in the morning and evening gets blessings equal to a person who sets free 100 slaves from the progeny of *Hadrat Ismaeel* عَلَيْهِ السَّلَام." [Mishkaat]
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "(Reciting) 'لَا إِلَهَ إِلَّا اللَّهُ' has no curtain between it and *Allaah* عَزَّ وَجَلَّ and reaches Him without any delays and obstacles."

اللَّهُ أَكْبَرُ

Allaahu Akbar

Allaah is the Greatest.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who recites اللَّهُ أَكْبَرُ 100 times each in the morning and evening will bring blessings to the Day of Judgment more than anyone else except a person who recited equal to or more than him." [Tirmidzee, Mishkaat]

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

SubhaanAllaahi Wa Bihamdihi

Allaah is the Infinitely Pure and (the only One) worthy of all praise.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who recites سُبْحَانَ اللَّهِ وَبِحَمْدِهِ once, a tree is planted for him in Paradise; and a person who recites سُبْحَانَ اللَّهِ وَبِحَمْدِهِ 100 times, all his sins are forgiven even if they were equal to the foam in the ocean." [Hasan Haseen: p408]
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who recites سُبْحَانَ اللَّهِ وَبِحَمْدِهِ 100 times each in the morning and the evening, on the Day of Judgment, no one will have better deeds than him except a person who did equal to or more than him." [Mishkaat Shareef]
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "A person who has difficulties in sleeping through the night due to illness, or is a miser in spending, or has cowardly feelings in fighting an enemy, he should frequently recite سُبْحَانَ اللَّهِ وَبِحَمْدِهِ and *Allaah* عَزَّ وَجَلَّ will alleviate his difficulties. *Allaah* عَزَّ وَجَلَّ likes these words more than someone spending a whole mountain of gold to please Him." [Hasan Haseen]

اللَّهُ الصَّمَدُ

Allaahussamad

Allaah is (the only One) without needs.

Fadaail of Soorah Al-Ikhlaas (Virtues of Soorah Al-Ikhlaas)

- ◆ A person who departs from this world in a state such that he practiced reciting two *Soorahs* will have no accountability (on the Day of Judgement) – the first one is *Soorah Al-Kafiroon* and the second is *Soorah Al-Ikhlaas*.
- ◆ *Hadrat Sa'eed bin Maseeb* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: "A person who recites *Soorah Al-Ikhlaas* ten times, *Allaah* عَزَّ وَجَلَّ will make a palace for him in Paradise; a person who recites *Soorah Al-Ikhlaas* 20 times, *Allaah* عَزَّ وَجَلَّ will make two palaces for him, and a person who recites it 30 times, *Allaah* عَزَّ وَجَلَّ will make three palaces for him." Listening to this, *Hadrat 'Umar bin Khitaab* رَضِيَ اللهُ عَنْهُ said: "I swear upon *Allaah* عَزَّ وَجَلَّ that this way we can make many palaces in Paradise." *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ replied: "The Mercy of *Allaah* عَزَّ وَجَلَّ is vaster than that, meaning that His grace is expansive and magnanimous." [*Darmi, Mishkaat Shareef*: Vol. 1; p366]
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "If a person recited *Soorah Al-Ikhlaas* 200 times every day, his sins of fifty years are forgiven, except the sins of debts." In another narration, 50 recitations are mentioned and debt was not. [*Mishkaat Shareef*]
- ◆ *Hadrat Aboo Hurairah* رَضِيَ اللهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ saw a person reciting *Soorah Al-Ikhlaas* and said: "It is made *waajib* (obligatory)." When asked what has been made *waajib*, he صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ replied: "Paradise has now become *waajib* upon him." [*Mishkaat Shareef*]
- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ has said: "Can any of you not finish a third of the *Qur-aan* in one night?" The Companions (*RidwaanAllaahu Ta'aalaa 'Alaihim 'Ajmaeen*) said: "O *RasoolAllaah* (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), how can a third of the *Qur-aan* be recited (in one night)?" *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ answered: "Reciting *Soorah Al-Ikhlaas* once is equal to reciting a third of the *Qur-aan*." [*Mishkaat Shareef*]

اَسْتَغْفِرُ اللّٰهَ

Astaqfirullaah

I seek Allaah's forgiveness.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ has said: "If a person makes reciting اَسْتَغْفِرُ اللّٰهَ compulsory upon himself, Allaah عزّ وجلّ relieves him from all pains and sorrows and will provide him provisions from sources which he could not even imagine. And whoever recites اَسْتَغْفِرُ اللّٰهَ, his sins will be forgiven even if he has been a runaway from *Jihaad* (holy war)." [Sanan ibn Maajah, Mishkaat Shareef]

يَا حَنَّانُ يَا مَنَّانُ

Yaa Hannaan, Yaa Mannaan

O the Bestower of Unlimited Blessings, O the Bestower of Unlimited Favors.

- ◆ *Hadrat Jaabir* رَضِيَ اللّٰهُ عَنْهُ has narrated that *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ said that *Jibreel* عَزَّ وَجَلَّ said to him, "O Muhammad (ﷺ), on the Day of Judgement, Allaah عزّ وجلّ will ask me why is He seeing such and such among the people in the Hellfire?" I will reply, "O my *Rabb*, there were no good deeds found in him that could have protected him from the Hellfire." Allaah عزّ وجلّ will ask, "O *Jibreel* (عَزَّ وَجَلَّ), he used to recite يَا حَنَّانُ يَا مَنَّانُ in the world so ask him what was his purpose?" So I will ask him and he will say, "The purpose of my reciting يَا حَنَّانُ يَا مَنَّانُ was nothing but for (pleasing) Allaah عزّ وجلّ." So I will take him by his hand and take him away from the inhabitants of Hellfire and put him among the inhabitants of Paradise." [Haleetal Awlia: V3; p215]

يَا حَيُّ يَا قَيُّوْمُ

Yaa Hayyu Yaa Qayyoom

O the Ever-Living, O the Self-Sustained.

- ◆ *Hadrat 'Ali KarramAllaahu Wajh* related: "During the holy Battle of *Badr*, I presented myself in the holy presence of the *RasoolAllaah* ﷺ and found him ﷺ in prostration and reciting يَا حَيُّ يَا قَيُّوْمُ. I went back to the battle and came back again in his ﷺ presence and found him ﷺ in the same position steadfastly reciting يَا حَيُّ يَا قَيُّوْمُ until Allaah عزّ وجلّ gave him ﷺ the good news of victory at battle." [Hasan Haseen]

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Yaa Dzal Jalaali wal Ikraam

O the Majestic Possessor of all Generosity.

- ◆ *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ heard a person reciting 'يَا ذَا الْجَلَالِ وَالْإِكْرَامِ' and said to him, "You have received the Grace of acceptance from *Allaah* عز وجل so ask whatever you wish." [Tirmidzee Rahmatullaah 'Alaih]

اللَّهُمَّ اغْفِرْ لِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ

Allaahumaghfir Lil Mumineena Wal Muminaat

Our Dearest and Beloved *Allaah*, forgive the believing men and women.

- ◆ *Hadrat Aboo Dardaa* رَضِيَ اللهُ عَنْهُ narrated that he had heard *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ saying that any person who pleads to *Allaah* عز وجل every day for forgiveness of believers, men and women, 25 or 75 times will be one of those blessed people whose *Du'aas* are accepted by *Allaah* عز وجل and because of whom the people on earth get their provision.
- ◆ Any person who asks *Allaah* عز وجل for forgiveness of believers, men and women, *Allaah* عز وجل writes for him good deeds equal to the number of all the believers, men and women.
- ◆ If a person does not have wealth to give in charity, that person should ask *Allaah Subhaanahu wa Ta'aalaa* for forgiveness of all the believers, men and women. That will be counted as charity from him. [Kitaabul-Amal Bissunnah Tarteeb Shareef]

Words of Wisdom

- ◆ Do it and find out for yourself! Everything is in the *Dzikh* of *Allaah* عَزَّوَجَلَّ -- Peace in your hearts, closeness (to *Allaah* عَزَّوَجَلَّ), salvation, sainthood. By *Allaah* عَزَّوَجَلَّ, this is absolutely true!
- ◆ Only the graves of the people who do the *Dzikh* and *Fikr* (contemplation of *Allaah* عَزَّوَجَلَّ) are alive and not of every one.
- ◆ The periods after 'Asr and before *Ishraq* (sunrise) are auspicious for the *Dzikh* of *Allaah* عَزَّوَجَلَّ.
- ◆ Keeping the heart abounding with the *Dzikh* of *Allaah* عَزَّوَجَلَّ is the best worship.
- ◆ *Dzikh* of *Allaah* عَزَّوَجَلَّ is the best search and quest (for *Allaah* عَزَّوَجَلَّ).
- ◆ Take warning and admonition from the dead and keep busy with the *Dzikh* and obedience of *Allaah* عَزَّوَجَلَّ.
- ◆ The people of the *Dzikh* of *Allaah* عَزَّوَجَلَّ are like a thundering river in which no one dares to jump, not even a sailor. And on the other hand, in dry ravines and gutters, donkeys lie around.
- ◆ With the evil of sins comes misfortune, and from the blessing of *Dzikh* descends healing.

***Dzikh* of *Allaah* عَزَّوَجَلَّ and**

the Love of the Beloved of *Allaah Ta'aalaa* (صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ)

Cure for all diseases

Goal of all struggles

Elixir for all pains

Answer to all objections

Termination of all scarcity

Remedy for all sorrows

Remover of all worries

Weapon for all fights

Fortress against *Shaitaan*

Shield against all attacks

Fort for the besieged

Beginning of all inventions

*Every slave is a target for all kinds of calamities all the time;
Many evils are ready with open jaws to destroy a slave;
Only the *Dzikh* of *Allaah* عَزَّوَجَلَّ is the barricade for all of them.*

Message From Daar-ul-Ehsaan

- ◆ *Yaa Hayyu Yaa Qayyoom!* May all the *Muslim* brothers who inhabit the earth, unite as one. *Aameen!*
- ◆ People! Return towards *Allaah* عَزَّوَجَلَّ.
- ◆ People! We will not live here forever and neither will we come back.
- ◆ People! Fear *Allaah* عَزَّوَجَلَّ. Do what you have been commanded to do by *Allaah* عَزَّوَجَلَّ and abstain from what you have been forbidden from.
- ◆ People! This world and everything in it is transient and mortal and like a guest of only a few days.
- ◆ People! We are here to earn for the Hereafter. You will reap there what you will sow here.
- ◆ People! *Allaah* عَزَّوَجَلَّ has strongly emphasized performance of *Salaat*. Leave your homes at the sound of *Adzaan* (call for prayers). No activity of the world should prevent you from *Salaat*.
- ◆ People! The wealth of this world you will leave behind in this world. Nothing will you take with you.
- ◆ People! Establish your *Salaat*. Do good deeds and invite people to do good deeds. Abstain from bad deeds and advise people from doing bad deeds.
- ◆ Leave your homes for *Da'wah* and *Tableegh* of the *Deen-ul-Islam* of *Allaah* عَزَّوَجَلَّ. Do leave your homes even if it is for a brief duration.
- ◆ People! Veils for women is a valid command of *Islaam*. Establish veils for your women at homes.

***Shaikh-ul-'Aalam, Hadrat Abu Anees Muhammad Barkat 'Ali
QaddasAllahu Ta'aalaa Sirruhul 'Azeez***

Dzikr Performed At Daar-ul-Ehsaan **After Salaatul Fajr, Zuhr, 'Asr and Maghrib**

(Once)

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ؕ

A'oodzu billaahi minash Shaitaanir rajeem.

I seek shelter in *Allaah* from the rejected *Shaitaan*.

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ؕ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(Once)

اَللّٰهُمَّ صَلِّ عَلٰى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِيْرَتِهِ بِمَدَدِ
كُلِّ مَعْلُوْمٍ لَكَ اَسْتَعِيْزُ بِاللّٰهِ الَّذِيْ لَا اِلٰهَ اِلَّا هُوَ
الْحَيُّ الْقَيُّوْمُ وَ اَتُوْبُ اِلَيْهِ-
يَا حَيُّ يَا قَيُّوْمُ

**Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee
Wa'itratihee bi 'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa
ilaaha illaa huwal Hayyul Qayyoomu Wa Atoobu ilaih.**

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our Master *Muhammad* ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

(11 times)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ؕ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(11 times)

سُبْحَانَ اللَّهِ

SubhaanAllaah

Infinite Purity belongs to *Allaah* only.

(11 times)

الْحَمْدُ لِلَّهِ

Alhamdulillaah

All Praise belongs to *Allaah* only.

(11 times)

لَا إِلَهَ إِلَّا اللَّهُ

Laa Ilaaha IllAllaah

There is no god but Allaah.

(Once)

مُحَمَّدٌ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Muhammadur RasoolAllaah, SallAllaahu 'Alaihi wa Sallam

Muhammad صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ is the Messenger of Allaah,
may the Peace of Allaah and His Blessings be upon him.

(11 times)

اللَّهُ أَكْبَرُ

Allaahu Akbar

Allaah is the Greatest.

(11 times)

يَا حَيُّ يَا قَيُّوْمُ

Yaa Hayyu Yaa Qayyoom

O the Ever-Living, O the Self-Sustained.

(11 times)

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Yaa Dzal Jalaali wal Ikraam

O the Majestic Possessor of all Generosity.

(11 times)

يَا حَنَّانُ يَا مَنَّانُ

Yaa Hannaan, Yaa Mannaan

O the Bestower of Unlimited Blessings,
O the Bestower of Unlimited Favors.

(11 times)

اللَّهُ الصَّمَدُ

Allaahussamad

Allaah is (the only One) without needs.

(11 times)

سُبُّوحٌ قُدُّوسٌ

Subboohun Quddoosun

The Infinitely Pure and the Ever-Holy.

سَيِّدُنَا كَرِيمٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

(11 times)

Sayyidunaa Kareemun, SallAllaahu 'Alaihi wa Sallam
My Leader, the Gracious, Peace and Blessings of Allaah be upon you.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِتْرَتِهِ بِمَدَدِ
كُلِّ مَعْلُومٍ لَكَ اسْتَعِزُّ بِاللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْحَيُّ الْقَيُّومُ وَاتُوبُ إِلَيْهِ -
يَا حَيُّ يَا قَيُّومُ

Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee
Wa'itratihee bi 'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa
ilaaha illaa huwal Hayyul Qayyoomu Wa Atoobu ilaih.

(11 times)

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved Allaah, bestow Your Choicest Blessings upon our Master Muhammad صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of Allaah. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

The Du'aa After Performing The Dzikr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

الحمد لله رب العالمين و الصلاة و السلام على رسوله النبي الكريم

Alhamdulillah Rabbil 'Aalameen

Was Salaatu was Salaamu 'alaa Rasoolihin Nabiiyil Kareem.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِترته بِمَدَدِ
كُلِّ مَعْلُومٍ تَكَ اسْتَغْفِرُ اللَّهُ الذَّيْفُ لَا إِلَهَ إِلَّا هُوَ
الْحَيُّ الْقَيُّومُ وَ اتُوبُ إِلَيْهِ-

يَا حَيُّ يَا قَيُّومُ

**Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratih
bi 'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa ilaaha illaa huwal
Hayyul Qayyoomu Wa Atoobu ilaih. Yaa Hayyu Yaa Qayyoom**

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our
Master *Muhammad* ﷺ and upon his extended family and his
progeny as many times as all the numbers known to You. I seek the forgiveness
of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained
and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

Shaikhul 'Aalam Hadrat Abu Anees Muhammad Barkat 'Ali قدس سره العزير is an
embodiment of patience and perfectly willing surrender (to the Will of *Allaah*
عَمَّ وَجَلَّ), under *Faqr*, *Tark*, and *Samt*. O *Allaah* عَمَّ وَجَلَّ, through the
mediation of the *Wilaayah* of King Barkat قدس سره العزير, please bestow upon us
Dzikh, Reflection, Selfless Service and *Tableegh* of *Deen-ul-Islaam*.

اللَّهُمَّ رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Allaahumma Rabbana Taqabbal minnaa innaka Antas Samee'ul 'Aleem.

Our Dearest and Beloved *Allaah*, (please) give acceptance (to this *Du'aa*) as
You are the All-Hearing and All-Knowing.

سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ وَسَلَامٌ عَلَى الْمُرْسَلِينَ وَالْحَمْدُ لِلَّهِ رَبِّ
الْعَالَمِينَ

Subhaana Rabbika Rabbil 'Izzati 'ammaa yasifoon.

Wa Salaamun 'Alal Mursaleen Wal Hamdu Lillaahi Rabbil 'Aalameen.

Infinitely Pure is your *Rabb*, the *Rabb* of Honor Who is free from what they
ascribe (to Him) and peace be upon (His) Messengers and Praise be to *Allaah*
only, the *Rabb* of all the worlds.

Dzikr Performed At Daar-ul-Ehsaan **After Salaatul 'Ishaa**

(Once)

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ؎

A'oodzu billaahi minash Shaitaanir rajeem.
I seek shelter in Allaah from the rejected Shaitaan.

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.
In the Name of Allaah, the Most Beneficent, the Most Merciful.

(Once)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِزَّتِهِ بِمَدَدِ
كُلِّ مَعْلُومٍ تَلَتْ أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْحَيُّ الْقَيُّومُ وَآتُوبُ إِلَيْهِ -
يَا حَيُّ يَا قَيُّومُ

**Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratihee
bi 'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa ilaaha illaa huwal
Hayyul Qayyoomu Wa Atoobu ilaih.**

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved Allaah, bestow Your Choicest Blessings upon our Master Muhammad ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of Allaah. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

(15 times)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem
In the Name of Allaah, the Most Beneficent, the Most Merciful.

(15 times)

سُبْحَانَ اللَّهِ

SubhaanAllaah
Infinite Purity belongs to Allaah only.

(15 times)

الْحَمْدُ لِلَّهِ

Alhamdulillaah
All Praise belongs to Allaah only.

(15 times)

لَا إِلَهَ إِلَّا اللَّهُ

Laa Ilaaha IllAllaah

There is no god but Allaah.

مُحَمَّدٌ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

(Once)

Muhammadur RasoolAllaah, SallAllaahu 'Alaihi wa Sallam

Muhammad ﷺ is the Messenger of Allaah,
May the Peace of Allaah and His Blessings be upon him.

اللَّهُ أَكْبَرُ

(15 times)

Allaahu Akbar

Allaah is the Greatest.

يَا حَيُّ يَا قَيُّوْمُ

(15 times)

Yaa Hayyu Yaa Qayyoom

O the Ever-Living, O the Self-Sustained.

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

(15 times)

Yaa Dzal Jalaali wal Ikraam

O the Majestic Possessor of all Generosity.

يَا حَنَّانُ يَا مَنَّانُ

(15 times)

Yaa Hannaan, Yaa Mannaan

O the Bestower of Unlimited Blessings,
O the Bestower of Unlimited Favors.

اللَّهُ الصَّمَدُ

(15 times)

Allaahussamad

Allaah is (the only One) without needs.

سُبْحٰنُ قُدُّوْسٍ

(15 times)

Subboohun Quddoosun

The Infinitely Pure and the Ever-Holy.

سَيِّدُنَا كَرِيْمٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

(15 times)

Sayyidunaa Kareemun, SallAllaahu 'Alaihi wa Sallam

My Leader, the Gracious, Peace and Blessings of Allaah be upon you.

(Once)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِترَتِهِ بِمَدَدِ
كُلِّ مَعْلُومٍ لَكَ اسْتَغْفِرُكَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْحَمْدُ الْقَيُّومُ وَآتُوبُ إِلَيْهِ -
يَا حَيُّ يَا قَيُّومُ

**Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratihee bi
'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa ilaaha illaa huwal
Hayyul Qayyoomu Wa Atoobu ilaih.**

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our Master *Muhammad* ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

(Once)

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ ط

A'oodzu billaahi minash shaitaanir rajeem.

I seek shelter in *Allaah* from the rejected *Shaitaan*.

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ط

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝ الرَّحْمَنُ الرَّحِيمِ ۝ مَلِكُ
يَوْمِ الدِّينِ ۝ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۝
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۝
غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝ (أَمِين)

(Once)

**Alhamdulillaahi Rabbil 'Aalameen. Ar Rahmaanir Raheem. Maaliki
Yawmiddeen. Iyyaaka na' budu wa Iyyaaka nasta'een. Ihdinas siraatal
mustaqeem. Siraatal ladzeena an 'amta 'alaihilm ghairil maghdoobi 'alaihilm
wa laddaaalleen. (Aameen)**

All Praise belongs to *Allaah* only, the *Rabb* of the Universe, the Most Compassionate, the Most Merciful. Master of the Day of Judgment. You alone we worship, from You alone we seek help. (Please) guide us along the Straight Path, the Path of those upon whom You bestowed Your Grace, not of those upon whom You inflicted Your anger and those who went astray. (*Aameen*)

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(Once)

قُلْ هُوَ اللَّهُ أَحَدٌ ۝ اللَّهُ الصَّمَدُ ۝ لَمْ يَلِدْ ۝ وَلَمْ يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

Qul hu wAllaahu Ahad. Allaahus Samad. Lam yalid wa lam yoolad.

Wa lam ya kul lahoo kufuwan Ahad.

Say, *Allaah* is the One and Only. *Allaah* is (the Only One) without any needs whatsoever. He has no children, no one gave birth to Him. And there is no one who is His match.

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(Once)

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ ط

SubhaanAllaahi wal hamdu lillaahi wa laa ilaaha illAllaahu wAllaahu

Akbar. Wa laa hawla walaa quwwata illaa billaahil 'aliyyil 'Azeem.

Allaah is the Infinitely Pure. All Praise belongs to *Allaah* only. There is no god but *Allaah*, and *Allaah* is the Greatest, and there is no power except *Allaah* Who is the Most High and the Greatest.

(Once)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ ط

Yaa Hayyu Yaa Qayyoom, birahmatika astagheeth.

O the Ever-Living, O the Self-Sustained,

I ask You for Your Blessings.

(Once)

اللَّهُمَّ اغْفِرْ لِيْ وَارْحَمْنِيْ وَاهْدِنِيْ وَعَافِنِيْ وَارْزُقْنِيْ وَاجْبُرْنِيْ وَارْقِنْنِيْ ط

Allaahummagh firlee warhamnee wahdinee wa 'aafinee

warzuqnee wajburnee warfa'nee.

My Dearest *Allaah*, (please) forgive me and have mercy upon me and guide me and grant me Your forgiveness and grant me sustenance and remove my deficiency and enhance my status.

(Once)

اللَّهُمَّ اغْفِرْ لِلْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ ط

Allaahummagh fir lil Mumineena wal Muminaat.

Our Dearest and Beloved *Allaah*, forgive the believing men and women.

(Once)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ أَسْتَغْفِرُ اللَّهَ ط

**SubhaanAllaahi wa Bihamdihee SubhaanAllaahil 'Azeemi
wa Bihamdihee Astaghfirullaah.**

Allaah is the Infinitely Pure, the Greatest and praiseworthy and Allaah is the Infinitely Pure, the Greatest and Who is praiseworthy. I seek His forgiveness.

(Once)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِزَّتِهِ بِمَدَدِ
كُلِّ مَعْلُومٍ لَكَ أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْحَيُّ الْقَيُّومُ وَآتُوبُ إِلَيْهِ -

يَا قَيُّومُ

يَا حَيُّ

**Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee
Wa'itratihee bi 'Adadi Kulli Ma' loomillaka Astaghfirullaah Halladzee Laa
ilaaha illaa huwal Hayyul Qayyoomu Wa Atoobu ilaih.**

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved Allaah, bestow Your Choicest Blessings upon our Master Muhammad ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of Allaah. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

The Du'aa After Performing The Dzikr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

الحمد لله رب العالمين و الصلاة و السلام على رسوله النبي الكريم

Alhamdulillah Rabbil 'Aalameen

Was Salaatu was Salaamu 'alaa Rasoolihin Nabiyil Kareem.

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِتْرَتِهِ بِمَدَدِ
كُلِّ مَعْلُومٍ تِلْكَ اسْتَعْفِزُ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْحَيُّ الْقَيُّومُ وَآتُوبُ إِلَيْهِ-

يَا حَيُّ يَا قَيُّومُ

**Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratih
bi 'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa ilaaha illaa huwal
Hayyul Qayyoomu Wa Atoobu ilaih. Yaa Hayyu Yaa Qayyoom**

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our Master *Muhammad* ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

Shaikhul 'Aalam Hadrat Abu Anees Muhammad Barkat 'Ali قدس سره العزير is an embodiment of patience and perfectly willing surrender (to the Will of *Allaah* عت و جل), under *Faqr*, *Tark*, and *Samt*. O *Allaah* عت و جل, through the mediation of the *Wilaayah* of King Barkat قدس سره العزير, please bestow upon us *Dzikr*, Reflection, Selfless Service and *Tableegh* of *Deen-ul-Islaam*.

اللَّهُمَّ رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Allaahumma Rabbana Taqabbal minnaa innaka Antas Samee'ul 'Aleem.

Our Dearest and Beloved *Allaah*, (please) give acceptance (to this *Du'aa*) as You are the All-Hearing and All-Knowing.

سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ وَسَلَامٌ عَلَى الْمُرْسَلِينَ وَالْحَمْدُ لِلَّهِ رَبِّ
الْعَالَمِينَ

Subhaana Rabbika Rabbil 'Izzati 'ammaa yasifoon.

Wa Salaamun 'Alal Mursaleen Wal Hamdu Lillaahi Rabbil 'Aalameen.

Infinitely Pure is your *Rabb*, the *Rabb* of Honor Who is free from what they ascribe (to Him) and peace be upon (His) Messengers and Praise be to *Allaah* only, the *Rabb* of all the worlds.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ مَا شَاءَ اللَّهُ لِقَوْمِ الْإِبْرَاهِيمَ يَا قَوْمِ

اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَمَوْلَانَا وَجِبِينَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَأَصْحَابِهِ وَعِتْرَتِهِ
بَعْدَ كُلِّ مَعْلُومٍ لَكَ وَبَعْدَ دِخْلِكَ وَرِضَى نَفْسِكَ وَزِينَةِ عَرْشِكَ وَمِدَادِ كَلِمَاتِكَ أَسْتَغْفِرُكَ اللَّهُ

الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ يَا قَوْمِ

قَادِرِيَّةٌ مُجَادِدِيَّةٌ غَفُورِيَّةٌ صَحِيحَةٌ كَرِيمِيَّةٌ آمَنِيَّةٌ بِمَكْتَبِيَّةِ

Qaadariyyah, Mujaddadiyyah, Ghafooriyyah, Raheemiyyah, Kareemiyyah, Ameeriiyyah, Barkatiyyah

**This Dzikh has been dedicated by Shaikh-ul-'Aalam,
Hadrat Abu Anees Muhammad Barkat 'Ali ^{تَدْرِيهُ الْعَزِيزِ}
for the forgiveness of those who have passed away
from the Ummah of Hadrat Sayyidinaa wa Maulaanaa
Muhammad Mustafaa ^{صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ}.**

**This Dzikh is performed at
Daar-ul-Ehsaan USA on Sundays.**

(Once)

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

A'udzu billaahi minash Shaitaanir rajeem.

I seek shelter in *Allaah* from the rejected *Shaitaan*.

(Once)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

Bismillaahir Rahmaanir Raheem.

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(3 to 11 times)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِترتهِ بَعْدَدِ
كُلِّ مَعْلُومٍ لَّكَ أَسْتَغْفِرُكَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ

الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

يَا قَيُّومُ

يَا حَيُّ

*Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratihee bi
'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa ilaaha illaa huwal
Hayyul Qayyoomu Wa Atoobu ilaih.*

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our Master *Muhammad* ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

(33 times)

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(33 times)

سُبْحَانَ اللَّهِ

SubhaanAllaah

Infinite Purity belongs to *Allaah* only.

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝ الرَّحْمَنِ الرَّحِيمِ ۝

مَلِكِ يَوْمِ الدِّينِ ۝ إِيَّاكَ نَعْبُدُ وَإِيَّاكَ

(Once)

سُتَعِينُ ۝ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۝

غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝ (آمين)

Alhamdulillah Rabbil 'Aalameen. Ar Rahmaanir Raheem. Maaliki Yawmiddeen. Iyyaaka na' budu wa iyyaaka nasta'een. Ihdinas siraatal mustaqeem. Siraatal ladzeena an 'amta 'alahim ghairil maghdoobi 'alahim wa laddaaalleen. (Aameen)

All Praise belongs to *Allaah* only, the *Rabb* of the Universe, the Most Compassionate, the Most Merciful. Master of the Day of Judgment. You alone we worship, from You alone we seek help. (Please) guide us along the Straight Path, the Path of those upon whom You bestowed Your Grace, not of those upon whom You inflicted Your anger and those who went astray. (*Aameen*)

(33 times)

الْحَمْدُ لِلَّهِ

Alhamdulillah

All Praise belongs to *Allaah* only.

(33 times)

لَا إِلَهَ إِلَّا اللَّهُ

Laa Ilaaha IllAllaah

There is no god but *Allaah*.

(Once)

مُحَمَّدٌ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Muhammadur RasoolAllaah, SallAllaahu 'Alaihi wa Sallam

Muhammad صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ the Messenger of *Allaah*, may the Peace of *Allaah* and His Blessings be upon him.

(33 times)

اللَّهُ أَكْبَرُ

Allaahu Akbar

Allaah is the Greatest.

(Once)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem

In the Name of *Allaah*, the Most Beneficent, the Most Merciful.

(3 times)

قُلْ هُوَ اللَّهُ أَحَدٌ ۝ اللَّهُ الصَّمَدُ ۝ لَمْ يَلِدْ ۝ وَلَمْ

يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ۝

*Qul hu wAllaahu Ahad. Allaahus Samad. Lam yalid wa lam yoolad.
Wa lam ya kullahoo kufuwan Ahad.*

Say, *Allaah* is the One and Only. *Allaah* is (the only One) without any needs whatsoever. He has no children, no one gave birth to Him. And there is no one who is His match.

(33 times)

اللَّهُ الصَّمَدُ

Allaahussamad

Allaah is (the only One) without needs.

(33 times)

يَا حَنَّانُ يَا مَنَّانُ

Yaa Hannaan, Yaa Mannaan

O the Bestower of Unlimited Blessings,
O the Bestower of Unlimited Favors.

(33 times)

يَا اللَّهُ يَا رَحْمَنُ

Yaa Allaahu Yaa Rahmaan

O *Allaah*, O the Most Beneficent.

(33 times)

اللَّهُمَّ أَنْتَ رَبِّي

Allaahumma Anta Rabbee

My Dearest *Allaah*, You are my *Rabb*.

(33 times)

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

HasbunAllaahu Wa N'imal Wakeel

For us, *Allaah* alone is sufficient.
And He is the best Dispenser of all our affairs.

(33 times)

يَا أَحَدُ يَا صَمَدُ يَا حَيُّ يَا قَيُّوْمُ

Yaa Ahad, Yaa Samad, Yaa Hayyu Yaa Qayyoom
O the One and Only, O the (only) One without needs,
O the Ever-Living, O the Self-Sustained.

(33 times)

سُبُوْحٌ قُدُّوْسٌ

Subboohun Quddoosun
The Infinitely Pure and the Ever-Holy.

(33 times)

يَا حَيُّ يَا قَيُّوْمُ

Yaa Hayyu Yaa Qayyoom
O the Ever-Living, O the Self-Sustained.

(33 times)

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Yaa Dzal Jalaali wal Ikraam
O the Majestic Possessor of all Generosity.

(25 times)

اللَّهُمَّ اغْفِرْ لِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ

Allaahummagh fir lil Mumineena wal Muminaat
Our Dearest and Beloved *Allaah*, forgive the believing men and women.

(33 times)

أَنْتَ الْهَادِي أَنْتَ الْحَقُّ لَيْسَ الْهَادِي الْآخَرُ

Antal Haadee Antal Haqq Laisal Haadee Illaa Hoo
You are the Guide, You are the Truth. There is no Guide but You.

سَيِّدَنَا كَرِيمٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Sayyidunaa Kareemun, SallAllaahu 'Alaihi wa Sallam
My Leader, the Gracious, Peace and Blessings of *Allaah* be upon you.

(33 times)

Kareemun is the one who:

- Gives whatever he (*SallAllaahu'Alaihi wa Sallam*) is asked for.
- Gives whenever he (*SallAllaahu 'Alaihi wa Sallam*) is asked for.
- Gives as much as he (*SallAllaahu 'Alaihi wa Sallam*) is asked for.
- Gives more than he (*SallAllaahu 'Alaihi wa Sallam*) is asked for.
- Gives all the time.
- Gives to everyone.

(33 times)

صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ

SallAllaahu 'Alaihi wa Sallam

Peace and Blessings of *Allaah* be upon him.

(3 to 11 times)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعِثْرَتِهِ بَعْدَ
كُلِّ مَعْلُومٍ لَكَ أَسْتَغْفِرُكَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ
الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

يَا قَيُّومُ

يَا حَيُّ

*Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratihee bi
'Adadi Kulli Ma' loomillaka Astaghfirullaa Halladzee Laa ilaaha illaa huwal
Hayyul Qayyoomu Wa Atoobu ilaih.*

Yaa Hayyu, Yaa Qayyoom

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our Master *Muhammad* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.



The Du'aa After The Weekly Dzikir

O Dearest *Allaah*, we ask from You because You are *Allaah*. There is no god but You. You are the One and the Only, the One without needs, Who has no children, no one gave birth to You. And there is no one who is Your match, *Yaa Hayyu Yaa Qayyoom*. We plead to You O *Allaah* عزَّ وجلَّ the Greatest, the *Rabb* of the Beneficent Throne, please forgive the *Ummah* of *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ. O the *Rabb* of the Worlds, O the Most Gracious, O the Most Merciful, O the *Rabb* of the Beneficent Throne, O the *Rabb* of the Glorious Throne, O the *Rabb* of the Exalted Throne, O the Majestic Possessor of all Generosity, we offer the rewards of this *Dzikir* for the forgiveness of the *Ummah* of *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, Your beloved *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, the chosen صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ and *Ahmad* the selected صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ. O our *Rabb*, please accept as You are indeed the All-Hearing and the All-Knowing. *Yaa Hayyu Yaa Qayyoom, Yaa Hayyu Yaa Qayyoom, Yaa Hayyu Yaa Qayyoom. Aameen, Thumma Aameen.*

O our *Rabb*, please bestow the rewards of this beautiful *Dzikir* upon those who believed in You and Your beloved *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ and those who believed in You as the Most Gracious and the Most Merciful and in *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ as their master; however, they could neither please You, nor could they hold on to the *Sunnah* of Your beloved *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ because of their shortcomings and inabilities, and they continued to do evil deeds in the world and thus did not send forth any provision for their lives in the state of *Barzakh* except sorrow and regret and are being punished in their graves in the state of *Barzakh* for the sins they had committed. O *Rabb*, please forgive everyone from the *Ummah* of our master *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, and (please) do not punish them, *Yaa Hayyu Yaa Qayyoom, Yaa Hayyu Yaa Qayyoom, Yaa Hayyu Yaa Qayyoom* as indeed Your ever-flowing generosity is complete/perfect and Your all-pervasive Kindness embraces all and cannot be comprehended by anyone, *Yaa Arhamar Raahimeen, Yaa Arhamar Raahimeen, Yaa Arhamar Raahimeen, Aameen, Thumma Aameen*. And this is easy for You as indeed, You have power over everything and You are capable of accepting and

responding to all our pleadings. There is no god but You, *Yaa Hayyu Yaa Qayyoom, Yaa Dzal Jalaali wal Ikraam.*

O Dearest *Allaah*, You are our *Rabb* and we are Your weak and indigent slaves and You are the Absolute Owner of everything and we belong to You and You are All-Powerful and Independent and Eternal and we are the needy; and You have power over everything and we are nothing. O the All-Hearer, please listen to our pleadings and accept our *Du'aa* by forgiving the *Ummah* of the leader of all the Messengers ﷺ, *Yaa Hayyu Yaa Qayyoom, Yaa Dzal Jalaali wal Ikraam.*

Shaikh-ul-'Aalam Hadrat Abu Anees Muhammad Barkat 'Ali قدس سره العزیز is an embodiment of patience and perfectly willing surrender (to the Will of *Allaah* عزوجل) under *Faqr* (asceticism), *Tark* (self-denial) and *Samt* (discipline of silence).

O *Allaah* عزوجل, through the mediation of the *Wilaayah* (Muslim sainthood) of King *Barkat قدس سره العزیز*, please bestow upon us *Dzikr*, Reflection, Selfless Service and *Tableegh* (of *Deen-ul-Islaam*).

O *Allaah* عزوجل, through the mediation of all those who are intoxicated with the wine of self-evident mystic experiences, please bestow upon us lowly and insignificants a draught of this delightful (sacred) wine.

اللَّهُمَّ رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Allaahumma Rabbana Taqabbal minnaa innaka Antas Samee'ul 'Aleem.

Our Dearest and Beloved *Allaah*, (please) give acceptance (to this *Du'aa*) as You are the All-Hearing and All-Knowing.

سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ وَسَلَامٌ عَلَى الْمُرْسَلِينَ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

Subhaana Rabbika Rabbil 'Izzati 'ammaa yasifoon.

Wa Salaamun 'Alal Mursaleen Wal Hamdu Lillaahi Rabbil 'Aalameen.

Infinitely Pure is your *Rabb*, the *Rabb* of Honor Who is free from what they ascribe (to Him) and peace be upon (His) Messengers and Praise be to *Allaah* only, the *Rabb* of all the worlds.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○ مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ
 اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَمَوْلَانَا وَجَبِينَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَأَصْحَابِهِ وَعَدَّتِهِ
 بِعَدَدِ كُلِّ مَعْلُومٍ لَكَ وَبِعَدَدِ خَلْقِكَ وَرِضَى نَفْسِكَ وَرِزْنَةِ عَرْشِكَ وَمِدَادِ كَلِمَاتِكَ
 يَا حَيُّ يَا قَيُّوْمُ اسْتَغْفِرُكَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ وَاتُوبُ إِلَيْهِ

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِأَنَّكَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ الْوَاحِدُ

اے اللہ میں تجھ سے سوال کرتا ہوں کیونکہ تو ہی ہے اللہ تیرے سوا کوئی معبود نہیں تو ایک ہے

الصَّمَدُ الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

بے نیاز ہے جس نے نہ جنا اور نہ جنا گیا اور نہ اس کا کوئی ہمسر ہے۔

يَا حَيُّ يَا قَيُّوْمُ اسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْكَرِيمِ أَنْ

یا حیی یا قیوم میں خدائے عظیم رب عرش کریم سے سوال کرتا ہوں کہ وہ

يَغْفِرَ أُمَّةَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ ○ يَا إِلَهَ الْعَالَمِينَ

حضرت اقدس محمد مصطفیٰ صلی اللہ علیہ وسلم کی امت کو بخش دے اے تمام جہانوں کے معبود

يَا رَحْمَنُ يَا رَحِيمُ يَا رَبَّ الْعَرْشِ الْكَرِيمِ يَا رَبَّ الْعَرْشِ السَّجِيدِ

اے رحمن یا رحیم اے رب عرش کریم اے رب عرش مجید

يَا رَبَّ الْعَرْشِ الْعَظِيمِ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ اجْعَلْ ثَوَابَ هَذَا

اے رب عرش عظیم اے صاحب جلال و عظمت! میں اس ذکر کا ثواب

الذِّكْرِ إِلَى رَسُولِكَ وَجَبِيكَ مُحَمَّدٍ الْمُصْطَفَى وَاحْمَدٍ الْمُجْتَبَى

تیرے رسول اور تیرے حبیب محمد مصطفیٰ و احمد مجتبیٰ صلی اللہ علیہ وسلم

لِغَفْرَةِ أُمَّتِهِ رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ يَا حَيُّ يَا

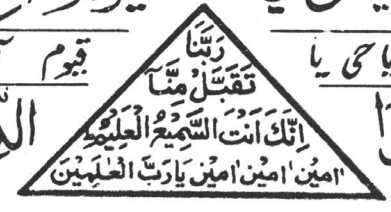
کی امت کی مغفرت کے لئے پیش کرتا ہوں اے ہمارے رب تو ہماری طرف سے قبول فرما بیشک تو سننے والا جاننے والا ہے یا حیی یا

قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ

یا قیوم یا حیی یا قیوم یا حیی یا قیوم یا حیی یا قیوم یا حیی یا قیوم

رَبَّنَا عَطِّ ثَوَابَ هَذَا

اے ہمارے رب اس ذکر جمیل کا



الذِّكْرِ الْجَمِيلِ الَّذِينَ

ثواب ان لوگوں کو عطا فرما جو تجھ پر

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○ مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ
 اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَمَوْلَانَا وَجَبِينَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَأَصْحَابِهِ وَعَدَّتْهُ
 بِعَدَدِ كُلِّ مَعْلُومٍ لَكَ وَبِعَدَدِ خَلْقِكَ وَرِضَى نَفْسِكَ وَزِينَةِ عَرْشِكَ وَ مِدَادِ كَلِمَاتِكَ
 يَا حَيُّ يَا قَيُّمُ اسْتَغْفِرُكَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

أَمْنُوا بِكَ وَبِحَبِيبِكَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَالَّذِينَ آمَنُوا

اور پیرے حبیب محمد صلی اللہ علیہ وسلم پر ایمان لائے اور جنہوں نے تجھے

بِكَ يَا نَاكَ أَنْتَ الرَّحْمَنُ الرَّحِيمُ وَأَنْ مُحَمَّدًا صَلَّى اللَّهُ عَلَيْهِ

رحمن و رحیم اور محمد صلی اللہ علیہ وسلم کو

وَسَلَّمَ سَيِّدُهُمْ وَمَوْلَاهُمْ وَلَكِنَّهُمْ لَمْ يَرْضَوْكَ وَلَمْ يَتَمَسَّكُوا

اپنا آقا و مولا تسلیم کیا مگر نہ تو وہ تجھے راضی کر سکے اور نہ ہی تیرے حبیب

بِسْمَةِ جَبِيكَ مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ لِقُصُورِهِمْ وَ

محمد صلی اللہ علیہ وسلم کی سذت کی پابندی کر سکے بوجہ اپنی کوتاہیوں اور

وَعَجَزِهِمْ وَلَمْ يَزَالُوا فِي الدُّنْيَا يَعْمَلُونَ السَّيِّئَاتِ وَلَمْ يَتَزَوَّدُوا

عجز کے اور دنیا میں ہمیشہ برائیاں ہی کرتے رہے اور سوائے حسرت

لِقُبُورِهِمْ إِلَّا الْحَسْرَةَ وَالنَّدَامَةَ وَيَعْدُونَ فِي قُبُورِهِمْ لِلْأَعْمَالِ

اور ندامت کے اپنی برزخ کی زندگی کے لئے کوئی بھی زاد راہ نہ تیار کر سکے اور اپنے برے اعمالوں کی وجہ سے جہنم سے

السَّيِّئَةِ الَّتِي ارْتَكَبُوهَا يَا رَبِّ فَاعْفِرْ لِكُلِّ أَحَدٍ مِنْ أُمَّةٍ سَيِّئَاتِنَا

سرزدہوئے اپنی قبروں میں عذاب پارہے ہیں یا رب العزت ہمارے آقا و مولا محمد صلی اللہ علیہ وسلم کی امت

وَمَوْلَانَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَلَا تَعَذِّبْهُمْ يَا حَيُّ يَا

کے ہر فرد کو بخش دے اور تو ان کو عذاب نہ دے یا

قِيَوْمَ يَا حَيُّ يَا قِيَوْمَ يَا حَيُّ يَا قِيَوْمَ فَإِنَّ كَرَمَكَ الْجَعْرَ وَ

قیوم یا حی یا قیوم یا حی یا قیوم کیونکہ تیرا کرم مکمل اور

لُطْفِكَ الَّذِي عَمَّمَ لَا

لطف عام کسی کے بھی احاطہ علم میں

رَبَّنَا
 تَقَبَّلْ مِنَّا
 إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ
 آمِينَ آمِينَ آمِينَ يَا رَبَّ الْعَالَمِينَ

يُدْرِكُ أَحَدًا يَأْرَحِمُ
 نہیں آسکتا ہے سب گنہگاروں سے

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ○ مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ
 اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا وَمَوْلَانَا وَحَبِيبِنَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ وَعَلَى آلِهِ وَأَصْحَابِهِ وَعَدَّتْهُ
 بِعَدَدِ كُلِّ مَعْلُومٍ لَكَ وَبِعَدَدِ خَلْقِكَ وَرِضَى نَفْسِكَ وَزِينَةِ عَرْشِكَ وَ مِدَادِ كَلِمَاتِكَ
 يَا حَيُّ يَا قَيُّوْمُ اسْتَغْفِرُكَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ وَاتُوبُ إِلَيْهِ

الرَّحْمِیْنَ يَا اَرْحَمَ الرَّحْمِیْنَ اَمِیْنٌ ثُمَّ اَمِیْنٌ ط

زیادہ رحم کرنے والے اے سب رحم کرنے والوں سے زیادہ رحم کرنے والے اے سب رحم کرنے والوں سے زیادہ رحم کرنے والے آمین ثم آمین
 وَهَذَا هَيِّئْ لَكَ وَمَا عَلَيْكَ بِعَزِيزٍ فَإِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ وَ

اے میرے مولا یہ سچ پر آسان ہے اور سمجھنے کوئی مشکل نہیں کیونکہ تو ہر چیز پر قادر ہے اور

بِالْاِجَابَةِ جَدِيْرٌ لَا اِلَهَ اِلَّا اَنْتَ يَا حَيُّ يَا قَيُّوْمُ يَا ذَا الْجَلَالِ وَالْاِكْرَامِ ط

ہر التجا قبول کرنے کے لائق ہے تیرے سوا کوئی معبود نہیں اے زندہ اے ہمیشہ قائم رہنے والے اے صلیب جلال و عظمت

اللَّهُمَّ اَنْتَ مُوَلَايُ وَاَنَا عَبْدُكَ الضَّعِيفُ وَالْمُسْكِينُ وَاَنْتَ

اے اللہ تو مولا ہے اور میں تیرا ضعیف و ناتوان بندہ اور تو

الْمَالِكُ الْاَحَدُ وَاَنَا السَّلُوْكُ وَاَنْتَ الْقَادِرُ الصَّمَدُ وَاَنَا الْمَحْتَاْجُ وَ

مالک ہے احد اور میں ملوک اور تو قادر ہے بے نیاز اور میں محتاج اور

اَنْتَ الْقَادِرُ عَلَىٰ كُلِّ شَيْءٍ وَاَنْتَ السَّمِيعُ يَا سَمِيعُ اسْمِعْ لِي ط

تو ہر چیز پر قادر ہے اور میں کچھ بھی نہیں اے سنے والے تو میری

اسْتِغَاثَتِي وَتَقَبَّلْ دُعَايَ فَاغْفِرْ اُمَّةَ سَيِّدِ الْمُرْسَلِيْنَ صَلَّى اللهُ

فریاد من لے اور میری دعا کو حضور اقدس صلی اللہ علیہ وسلم کی امت کی مغفرت کے لئے

عَلَيْهِ وَسَلَّمَ يَا حَيُّ يَا قَيُّوْمُ يَا ذَا الْجَلَالِ وَالْاِكْرَامِ ط

قبول فرما یا حئی یا قیوم یا ذالجلال و الاکرام

وَصَلَّى اللهُ تَعَالَىٰ عَلَىٰ خَيْرِ خَلْقِهِ مُحَمَّدٍ وَاٰلِهِ وَاَصْحَابِهِ وَ

وَأَزْوَاجِهِ وَذُرِّيَّاتِهِ وَ

يَا اَرْحَمَ



Notes

Notes

Durood-ul-Uwaisiyyah

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ط
مَا شَاءَ اللَّهُ إِلَّا قُوَّةَ إِلَهِ الْبَالِغِ يَا حَيُّ يَا قَيُّوْمُ
اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَعَتْرَتِهِ بِعَدَدِ كُلِّ مَعْلُومٍ لَكَ
أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ وَأَتُوبُ إِلَيْهِ ط
يَا حَيُّ يَا قَيُّوْمُ

Transliteration:

*Allaahumma Salli 'alaa Sayyidinaa Muhammadiun Wa Aalihee Wa'itratihee bi 'Adadi Kulli Ma' loomillaka
Astaghfirullaa Halladzee Laa ilaaha illaa huwal Hayyul Qayyoomu Wa Atoobu ilaih.*

Yaa Hayyu, Yaa Qayyoom.

Translation:

Our Dearest and Beloved *Allaah*, bestow Your Choicest Blessings upon our Master *Muhammad* ﷺ and upon his extended family and his progeny as many times as all the numbers known to You. I seek the forgiveness of *Allaah*. There is no god except Him Who is the Ever-Living and Self-Sustained and I turn to Him with repentance.

O the Ever-Living, O the Self-Sustained.

This is the *Salaat-un-Nabee (Durood Shareef)* ﷺ recited by *Hadrat Uwais Qarnee رَضِيَ اللَّهُ عَنْهُ* and the inherited *Durood Shareef* of the Honorable Chain of *Qaadariyyah, Mujaddidiyyah, Ghafooriyyah, Raheemiyyah, Kareemiyyah* and *Ameeriyyah*.

It is highly recommended that those who seek the love and closeness to the Beloved of *Allaah* عَزَّ وَجَلَّ, *Hadrat Sayyidinaa wa Maulaanaa Muhammad Mustafaa* ﷺ make it mandatory upon themselves to recite this *Durood Shareef* according to their capacity and the time they have available. For instance, at least 11 times after each *Salaat*. It should be recited more frequently after *Salaatul 'Ishaa, Tahajjud* and after *Fajr*. 100, 300, 500 or even more. Remember though, once the frequency is fixed, be steadfast upon it!

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In the service of *Allaah* عَزَّوَجَلَّ by serving humanity.